



Runge High School

Issue 1  
August 2014

# Counselor's Corner Newsletter

## Welcome back!

Greetings from the high school counseling office! We hope you enjoyed a long relaxing fun-filled summer. We are excited to see new and returning faces of students and teachers alike. Our high school counseling office is staffed by Mrs. Lesak (Counselor) and Mrs. Jones (Counselor's Secretary). In each issue of the counselor's corner newsletter you will find helpful information regarding what is happening in the counseling office, including scholarships, college and career planning resources, saves the dates, and parenting tips. We are here to help guide all students as they plan, monitor, and manage their education as well as help them overcome personal/social barriers.



Please use the counseling office as a resource! Mrs. Lesak can be contacted at 830-239-4315 x 222 or by email at lesakm@rungeisd.org.

## A Fresh Start Means a New Theme and New Mission Statement

"The mission of the Runge ISD is to work in partnership with students, parents and the community to establish a strong foundation for lifelong learning by providing a safe, nurturing, child-centered environment."

In order to support our mission, the theme for the 2014-2015 school year is **TEAM**. Team work among students, staff, parents, and the community is essential for a successful school year and for supporting our district mission. Here at Runge ISD we believe whole-heartedly that "Together Everyone Achieves More."

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The Counselor's Corner can be accessed online at: [www.rungeisd.org](http://www.rungeisd.org). To access the Counselor's Corner click on the parent portal tab and then "High School Counselor's Corner."

## Back to School Transitions: Tips for Parents

Kicking a new school year off to a good start plays a large role in influencing your child's confidence, attitude, and social and academic performance. The August to September transition is often difficult on both children and parents. Even students eager to return to class have to adjust to greater activity levels, increased structure, and other school life pressures. Although the amount of adjustment depends upon the child, parents can help by planning ahead, having realistic goals, and keeping a positive attitude. Here are suggestions to help ease the transition and promote a successful school experience.

### Before School Starts:

**Good physical and mental health**-schedule physicals, doctor, and dental checkups early.

**Review school information**- Review all school handouts and handbooks with your child.

**Mark your calendar**-make note of important dates such as back-to-school nights.

**Re-establish bedtime and mealtime routines**- Plan to re-establish these routines a week before school begins. This will help your child feel less overwhelmed and tired when school begins.

**Turn off the TV**-Encourage your child to read as an early morning activity instead of watch TV to help ease them back into the learning process.

**Visit school with your child**-Visit the school especially if your child is new to the campus. Help them locate classrooms, locker, lunchroom, etc.

**Designate and clear a place to do homework or study**-Older students should have the option of studying in their room or a quiet area of the house while younger students need an area set aside in a family room or kitchen so that parents can easily monitor them and provide encouragement.

**"Kicking a new school year off to a good start plays a large role in influencing your child's confidence, attitude, and social and academic performance."**

### The First Week:

**Clear your own schedule as much as possible**-To the extent possible make as much room in your schedule to help your child get back into the school routine.

**Make lunches the night before**-If your child will bring a lunch have them fix it the night before to avoid running late in the morning.

**Set alarm clocks**-Remind children to set their alarm clocks to get up the morning. Praise them for being up and ready on time and remember it is ultimately your responsibility to make sure they are not tardy to class.

**Leave extra time**-Make sure there is plenty of time to get up, eat breakfast, and get to school on time. This will help your child feel less stressed before they start the school day.

**After school**-Review with your child what they should do if they get home and you are not there. Also talk to them each about what they learned at school. Always ask if they have any homework or upcoming tests.

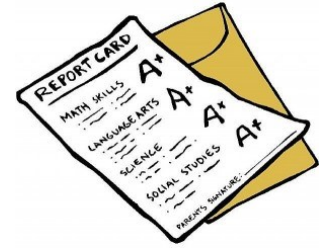
**Review schoolbooks**-Help your child look through their textbooks so you can be familiar with what they will be learning during the school year.

**Send a note or call teachers**-Let teachers know that you would like regular feedback on how your child is doing in school. Be sure to attend open house and introduce yourself. Find out how they like to communicate with parents (e-mail, phone, notes).

**Familiarize yourself with other school professionals**-make an effort to find out who in the school of district can be a resource for you and your child. Learn their roles and how best to access their help if you need them. They can include the principal, secretaries, and school counselor.

**Enroll in the schools online gradebook**-Monitoring your child's grades online helps keep you in the loop so there are no surprises on grade reports. If you see your child is struggling send them to tutoring as your requirement. You do not have to wait for a teacher to assign them to tutorials. See pg. 3 for instruction on how to enroll.

## Gain Access to TxConnect: Runge ISD Online Parent Gradebook



**Step 1:** Contact Shevon Ramirez in the front office for your portal ID number

**Step 2:** Visit the Runge ISD Website: [www.rungeisd.org](http://www.rungeisd.org)

**Step 3:** On the right hand side of the homepage click on the TxConnect logo.

**Runge ISD**  
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Runge High School, Elementary, and PreKindergarten Registration Information

High School Registration Wednesday, August 13th 9:00 a.m. - 12:00 p.m. 6th - 8th grade; 1:00 p.m. - 4:00 p.m. 9th - 12th grade. Thursday, August 14th 9:00 a.m. - 12:00 p.m. new students and any other students who missed their scheduled times. Packets may be picked up in the high school office. All packets must be completed and returned by the first day of school. Immunizations for new students and current student must be up to date. RUNGE ELEMENTARY REGISTRATION PACKETS AND BACK TO SCHOOL NIGHT Registration packets may be picked up at Runge Elementary beginning Monday, August 18, 2014 from 9:00 a.m. . . . [read more](#)

[Runge ISD Substitute Teacher Orientation](#)  
Click [HERE](#) for Runge ISD Substitute Teacher Orientation information. [read more](#)

[2014 - 2015 School Supply List](#)  
Click [HERE](#) for the 2014 - 2015 School Supply List. [read more](#)

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Runge, TX

[STOP BULLIES](#)  
CLICK HERE

[txConnect](#)

[Bell Schedule](#)

**Step 4:** Set up your User ID and Password by creating a new account if you are a new user.

**Login**  
Please enter your user name and password.

User Name:

Password:

**New txConnect User?**  
If you need to create an account, click [here](#)

**Forgot your User Name/Password?**  
If you need help recovering your user name/password, click [here](#)



# Fall Testing

## PSAT/NMSQT®

All 11th graders will take the PSAT on Wednesday Oct. 15th. The Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) is a program cosponsored by the College Board and National Merit Scholarship Corporation (NMSC). It's a standardized test that provides firsthand practice for the SAT®. It also gives you a chance to enter NMSQT scholarship programs and gain access to college and career planning tools.



It is recommended that Juniors and Seniors take the SAT or ACT at least once during the school year.



## State Assessment

Test	Date
October 20	Exit TAKS ELA
October 21	Exit TAKS Math
October 22	Exit TAKS Science
October 23	Exit TAKS Social Studies
December 1	English I EOC
December 2	Biology
December 3	English II EOC
December 4	Algebra I
December 5	US History

Test	Test Date	Registration Deadline	Late Registration/Late Fee Required
ACT	October 25, 2014	September 19, 2014	September 20-October 3
ACT	December 13, 2014	November 7, 2014	November 8-21
SAT	October 11, 2014	September 12, 2014	September 26 (Paper) September 30 (Online)
SAT	November 8, 2014	October 9, 2014	October 24 (Paper) October 28 (Online)
SAT	December 6	November 6, 2014	November 21 (Paper) November 24 (Online)

See Mrs. Lesak to see if you qualify for an ACT or SAT fee waiver.

Seniors that have not taken an ACT or SAT should take one early during the fall semester.

**Runge High School  
Counseling Office**

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**We are on the web!**  
[www.rungeisd.org](http://www.rungeisd.org)

## Grading Calendar

Date	Event
September 12	UIL Eligibility Grade Check
September 16	Progress Report
October 9	1st 6 Weeks Report Card
October 24	UIL Eligibility Grade Check
October 28	Progress Report
November 13	2nd 6 Weeks Report Card



# Save The Dates

Upcoming Events with the Counseling Office



Date	Event
August 25	First Day of Class! Students report to auditorium at 8:10 to receive Fall Schedules
August 27	Principal/Counseling Office Orientation 6th-8th Grade
August 28	Principal/Counseling Office Orientation 9th-12th Grade
August 29	Last day for schedule change requests. Request will not be accepted after 3:40 pm.
Sept 1	Labor Day Holiday!
Sept 4	High School Open House 6:00-7:00 pm (Come meet your child's teachers!)
Sept 8-10	Senior/Parent Conference with the Counselor (more information will be mailed home)
October 15	PSAT (All high school Juniors will test)