

## Summer Programs and Hours 2016

The Runge weight room will be open for all students to use during the summer months. The days and hours are listed below:

June 6 <sup>th</sup> -June 9 <sup>th</sup>	8am-11:30am and 1:30pm-5:00pm
June 13 <sup>th</sup> -June 16 <sup>th</sup>	8am-11:30am and 1:30pm-5:00pm
June 20 <sup>th</sup> –June 23 <sup>rd</sup>	8am-11:30am and 1:30pm-5:00pm
June 27 <sup>th</sup> -June 30 <sup>th</sup>	8am-11:30am and 1:30pm-5:00pm
July 4 <sup>th</sup> -July 7 <sup>th</sup>	Closed
July 11 <sup>th</sup> - July 14 <sup>th</sup>	8am-11:30am and 1:30pm-5:00pm
July 18 <sup>th</sup> - July 21 <sup>st</sup>	8am-11:30am and 1:30pm-5:00pm

A student who must take STAAR re-tests the week of July 11<sup>th</sup>-July 14<sup>th</sup> must make testing the priority, not summer lifting.

I will be on-site from the hours of 8:00AM thru 5:00PM, taking lunch from 12:00PM until 1:00PM. All other coaches are encouraged to attend weight room sessions with the athletes during both sessions, weekly.